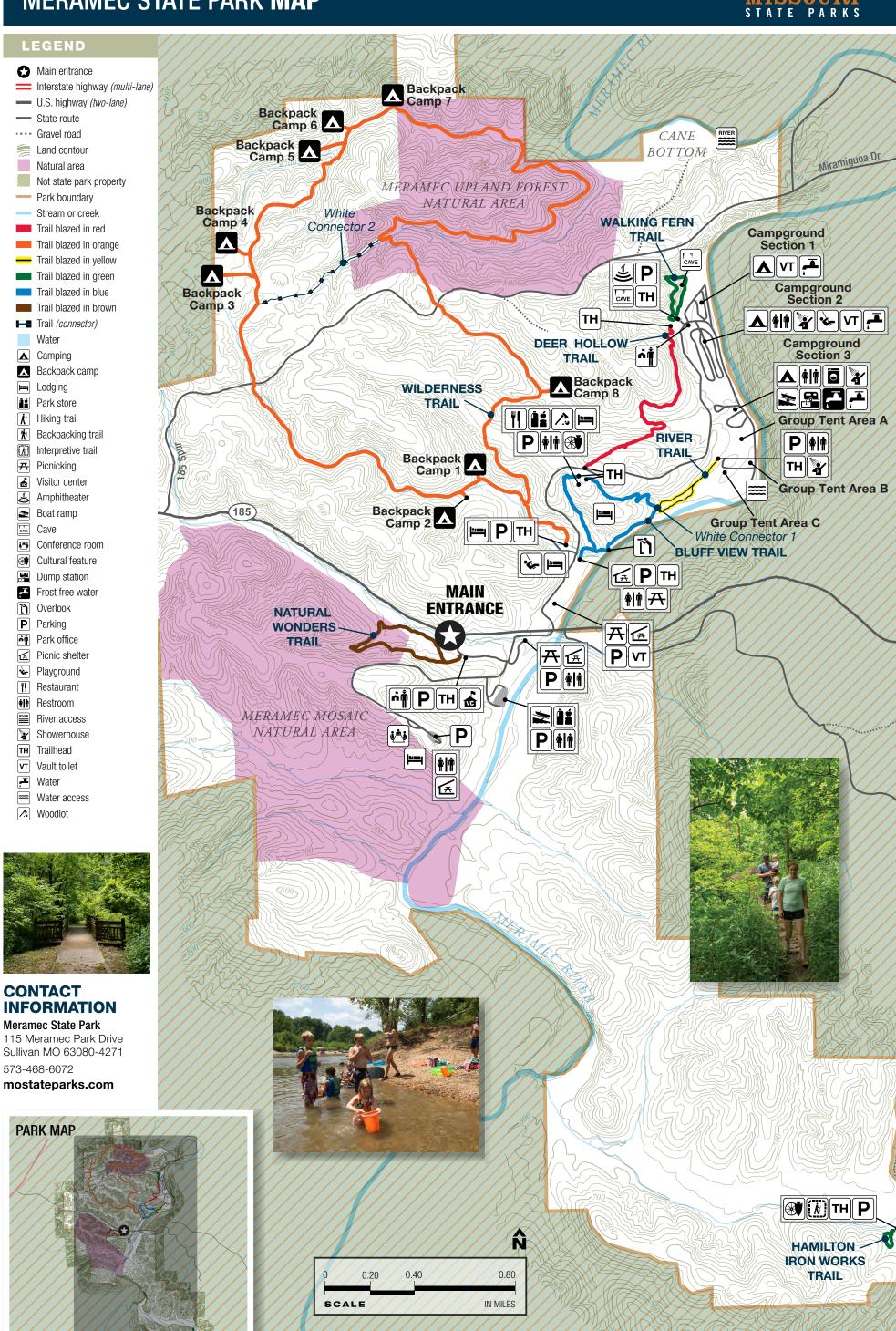
# **MERAMEC STATE PARK MAP**





DISCLAIMER: This map is not a legal survey. The Missouri Department of Natural Resources makes no warranty, expressed or implied, as to the

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TRAIL NAME	MILEAGE	BLAZE COLOR	APPROVED USAGE	RATING	TRAIL EXPERIENCE *
Bluff View Trail	1.50	Blue	<b>ķ</b>	Moderate	2, 3, 7, 8, 9
Deer Hollow Trail	1.25	Red	<b>k</b>	Moderate	2, 3
Hamilton Iron Works Trail	0.20	Green		Rugged	2, 3
Natural Wonders Trail	1.20	Brown	<b>k</b>	Moderate	2, 3, 6, 9
River Trail	0.75	Yellow	<b>k</b>	Moderate	2, 3, 9
Walking Fern Trail	0.50	Green	<b>k</b>	Rugged	2, 3, 6, 7, 8, 9
Wilderness Trail	8.25	Orange	<b>(</b> *) (*)	Rugged	2, 3, 4, 7, 10, 12
Connector Trail ( Connector trails are available on some trails, are and will modify your hike. See map for more inf					

\* YOU MAY EXPERIENCE: 1 Slippery conditions and/or downed vegetation 2 Natural surface: dirt, mud, gravel, loose rocks, slippery surface, etc. 3 Rocks, roots and/or downed vegetation on trail 4 Low-hanging vegetation 5 Physically challenging obstacles 6 Wood or stone steps 7 Steep grades and inclines over 10% 8 Bluffs or drop-offs pext to trail

vegetation on trail 4 Low-hanging vegetation 5 Physically challenging obstacles 6 Wood or stone steps 7 Steep grades and inclines over 10% 8 Bluffs or drop-offs next to trail

Pridges and/or structural crossings Water/stream crossings without bridges Occasional water over trail Road/highway crossing Emergency response signs Narrow passages Raised or protruding obstacles Electric fence crossings Rapidly changing weather conditions Motorized boat traffic Unexpected waves Changing water levels

22 Surface or submerged objects

#### **BLUFF VIEW TRAIL**

**1.5-mile loop** TRAIL RATING: Moderate ESTIMATED HIKING TIME: 1 hour

Bluff View Trail is very popular for its superb views from the edge of two bluffs along the Meramec River. Between the bluffs, the trail descends to the bank of the river. An octagonal stone trail shelter built by the Civilian Conservation Corps is located on the southern bluff where the picnic area trailhead joins the main trail. White Connector 1 allows access to River Trail.

#### **DEER HOLLOW TRAIL**

1.25 miles one way TRAIL RATING: Moderate ESTIMATED HIKING TIME: 1 hour

Deer Hollow Trail was one of the first trails to be built in the park by the Civilian Conservation Corps in the early 1930s. It leads from the Fireside Store to Fisher Cave. True to its name, this trail passes through an area of the park where deer are commonly seen. The entire trail is surrounded by mature woodland. Dogwood trees bloom in abundance along this trail in late April, and fall color is ablaze by early October.

### **HAMILTON IRON WORKS TRAIL**

**0.20-mile loop** TRAIL RATING: Rugged ESTIMATED HIKING TIME: 10 minutes

Interpretative stations along Hamilton Iron Works Trail explain the historic remains of a once-bustling blast furnace that operated around the clock, seven days a week. Wildflowers adorn the woodland floor in the spring, but the best time to see the ruins is in the late fall and winter, after the leaves have fallen.

## **NATURAL WONDERS TRAIL**

**1.20-mile loop** TRAIL RATING: Moderate ESTIMATED HIKING TIME: 1 hour

Caves, glades, mature woodland, a spring-fed creek and beaver meadows that may show old and recent tree gnawing are a few examples of the exciting things to discover along Natural Wonders Trail. The trail winds through part of the Meramec Mosaic Natural Area, and few trails this length are home to such great biodiversity. Birds like the ovenbird and wood thrush can be seen along the trail from mid-spring through late summer. A cool, refreshing step into Elm Spring Creek may cause flashes of color by many fish. In late fall, deer rubs can be seen on small saplings, while frost flowers burst from stalks in an old beaver meadow.

#### **RIVER TRAIL**

**0.75-mile loop** TRAIL RATING: Moderate ESTIMATED HIKING TIME: 35 minutes

River Trail is a natural surface trail. Part of the trail winds along a slough of the Meramec River, where herons frequently feed and kingfishers often nest. In late April, bluebells bloom in profusion along much of the trail. At its mid-point, the trail passes through a Civilian Conservation Corps-built trail shelter, where hikers can gain access to the scenic Bluff View Trail via white connector 1.

#### **WALKING FERN TRAIL**

**0.50-mile loop** TRAIL RATING: Rugged ESTIMATED HIKING TIME: 30 minutes

Walking Fern Trail is a natural surface trail that begins and ends at the entrance to Fisher Cave, which is a nice cool place to visit after a summer hike. The trail's namesake is a large boulder located near the midpoint that is covered with walking ferns. Although the trail is one of the shortest in the park, it is also one of the most interesting. The lower part of the trail clings to the base of several bluffs, one of which contains the intriguing entrance to Indian Cave. The woodland along this portion of the trail is very lush. The upper part contains a diversity of plants adapted to dry rocky soils, largely due to the trail's sharp change in elevation. In this area, the trail may have steep slopes along its side.

## **WILDERNESS TRAIL**

**8.25-mile loop** TRAIL RATING: Rugged ESTIMATED HIKING TIME: 8 hours, 15 minutes

Wilderness Trail, the park's longest trail, includes several great geological and natural features. It has a rich history of construction, starting with sections built by the Civilian Conservation Corps for horse trails in the early 1930s.

The northern section meanders through the heart of Meramec Upland Forest Natural Area, the most rugged and remote area of the park. The forests are rich and majestic, with tall, dense and diverse communities in some areas and cherty woodlands in others. The Meramec River can be seen from a high vantage point. Woodlands with rocky glades will appear on sundrenched slopes.

The trail is natural surface and is considered moderately difficult. However, due to its length, it should not be attempted by beginning hikers unless accompanied by someone more experienced. A 0.70-mile White Connector 2 provides a shorter hike. Eight backpack camps are provided along the way; register at the registration box just beyond the trailhead.



## Things to Know Before You Go

- Carry out what you carry in. If the trail users before you have not done this, you can help by removing their trash too.
- Keep your group small. This is less likely to harm the native landscape.
- Dispose of human waste properly. The top six or eight inches of soil provide a system of biologic disposers that decompose organic material. Hikers should select a spot at least 100 feet from any open water; dig a small hole no deeper than six or eight inches; after use, fill the hole with loose soil and tramp in the sod. Nature will do the rest
- Stay on the trail. Do not take shortcuts. The trail has been laid out to minimize destruction of vegetation and prevent erosion.

## Rules of the Trail

- Only hikers and backpackers are permitted on the park trails.
- All trail users must register at the trailhead or park office before starting their trip.
- Groups of seven or more persons are permitted to camp only in designated areas. They must camp at least 100 feet from the trail, 200 feet from any major public-use area, and at least one-fourth mile from the trail entry/ exit point.
- Campfires are prohibited. Bring your own stove if necessary.
- Cutting implements (saws, hatchets, etc.) are not allowed.
- All other rules and regulations pertaining to park use are applicable.

NOTE: Ticks and chiggers are abundant. May through mid-October. Be prepared with insect repellent.



